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Epping to Eastwood Station (via Lane Cove River)

3 hrs 45 mins 10.2 km One way

301

Moderate track 189m

Epping to Eastwood, via Lane Cove River, is the longer route through the bush between the stations. This walk visits Big Ducky Waterhole, Whale Rock, Browns Waterhole and the Lane Cove River. The water is a great feature of this walk as you explore the valleys between Epping and Eastwood Stations.

94m

3

Lane Cove National Park

Big Ducky Waterhole

The servicetrail loops around the top of the Big Ducky waterhole and there is a nice rock overhang in which to break. Is also a popular bird watching area. Unfortunately, recently there has been large quantities of rubbish in the area. (If going down to the waterhole please consider carrying out some of the rubbish if every walker carrys out a bit it will make a difference)

Whale Rock

This is a large boulder that looks eerily like a whale, complete with eye socket. It is a good place to break and climb around the Rock.

Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

Terrys Creek Waterfall

This is a small waterfall on Terrys Creek, and makes a good spot to break from the walk.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an ejoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast (BOM Metropolitan District)
- 2) Fire Dangers (Greater Sydney Region, unknown)
- 3) Park Alerts (Lane Cove National Park)

4) Research the walk to check your party has the skills, fitness and equipment required

5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- ${f T}$ Take adequate supplies of food, water, navigation and first aid equipment.
- **R** Register your planned route and tell friends and family when you expect to return.
- Emergency beacon (PLB's) should be carried on walks with
- k significant gaps in mobile coverage (check terrain profile).k Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91303N PARRAMATTA RIVER **1:100 000 Map Series**:9130 SYDNEY

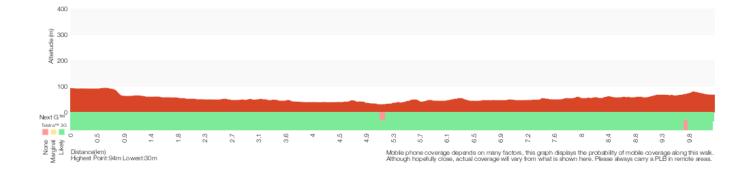
Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is dertermined by the highest classification along the whole track.



Grade 3/6 Moderate track

10.2 km One way			
3 hrs 45 mins			
Formed track, with some branches and other obstacles (3/6)			
Directional signs along the way (3/6)			
Some bushwalking experience recommended (3/6)			
Storms may impact on navigation and safety (3/6)			
Limited facilities, not all cliffs are fenced (3/6)			



Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Epping Station (gps: -33.7725, 151.0824) by car, train or bus. Car: There is free parking available.

You can get back from Eastwood Railway Station (gps: -33.7901, 151.0823) by car or bus. Car: There is free parking available.

Find up to date and more information inlcuding; travel directions, weather, park closures and walker feedback at http://wild.tl/eteslcr

0 | Epping Station

(940 m 18 mins) The walk exits Epping Station on the Oxford St side. The walk then crosses Cambridge St and continues down Oxford St. The walk follows the footpath past the shops down Oxford St passing Chester St, Surrey St. Just after Surry St the walk turns left onto Derby St to the end. Nearing the end of Derby St the walk tends left around the yellow gate and onto the concrete driveway which veers left off the road. The walk continues towards the tunnel to come to an intersection just before the tunnel entrance.

0.94 | Int of Derby street service trail

(1.5 km 25 mins) Veer right: From the intersection this walk follows the Great North Walk arrow up the couple of steps then down along the footpath through the tunnel under the M2 (keeping the creek and wider management trail to your left). Out of the tunnel this walk follows the track as it winds up and around the fenced sewage vent and then continues through the dense bushland in the gully passing a sign marking the entrance to Lane Cove National Park. A little while later the track leads to a signposted intersection with the 'Belinda Crs' management trail.

Turn left: From the intersection the track follows the Whale Rock sign down the service trail which narrows into a bushtrack and follows Devlin creek through the gully all the way along until it widens out into a rocky service trail again and comes to the intersection of the Cheltenham service trail.

2.43 | Int of Epping Trk and Malton Rd Trail

(190 m 3 mins) Continue straight: From the intersection the track follows the Lane Cove River arrow along the servicetrail for a while before it loops around the top of Big Ducky Waterhole.

2.61 | Big Ducky Waterhole

The servicetrail loops around the top of the Big Ducky waterhole and there is a nice rock overhang in which to break. Is also a popular bird watching area. Unfortunately, recently there has been large quantities of rubbish in the area. (If going down to the waterhole please consider carrying out some of the rubbish if every walker carrys out a bit it will make a difference)

2.61 | Big Ducky Waterhole

(480 m 8 mins) Continue straight: From the top of Big Ducky Waterhole the continues through the valley keeping Devlins Creek below on the left of the track all the way to Whale Rock.

3.09 | Whale Rock

This is a large boulder that looks eerily like a whale, complete with eye socket. It is a good place to break and climb around the Rock.

3.09 | Whale Rock

(2.1 km 40 mins) Continue straight: From Whale Rock the track follows the Penant Hills Park arrow along the service trail as it winds through the valley, crossing several small concrete creek crossings until it comes to the signposted intersection of the Pennant Hills ovals service trail.

Continue straight: From the intersection the track follows the Thornleigh via Great North Walk arrow down the short but steep hill and across the river at the causeway. On the other side of the river the track comes up to the intersection of the Great North Walk service trail.

Veer right: From the intersection, this walk follows the 'Lane Cove River Park' sign, gently uphill along the management trail, keeping the river to your right. After about 80m, the trail leads to a Y-intersection with sealed management trail (on the left), marked with a STEP Track map/sign.

Veer right: From the intersection, this walk follows the 'The Great North Walk' sign along the mostly flat management trail, initially keeping the sealed 'Canoon Rd' trail up to your left. The trail undulates through the tall forest and valley (weedy in places), keeping the river to your right, for just shy of 600m to come to an intersection marked with a 'STEP track' sign (on your left).

Continue straight: From the intersection, this walk follows GNW arrow post down the short, fairly steep hill, following the management trail over a small culverted creek. The walk then heads gently uphill for about 30m to come to a clear three-way intersection, marked with a GNW arrow post.

Veer right: From the intersection, this walk follows the GNW arrow post south-east, gently up along the wide trail, keeping the main valley to your right. The trail leads gently up through the valley for about 400m, then under some high tension power lines, where there is a mostly clear view over the river (to your right). Here the trail continues for another 80m to come to an intersection with a wide concrete path (just past the 'Caution' sign), beside the Lane Cove River crossing (on your right), marked with a 'The Great North Walk' sign.

5.16 | Browns Waterhole int

(90 m 2 mins) Veer right: From the intersection, this walk crosses the the causeway of Browns Waterhole. (Caution is needed during and after rain, may become impassable) From here the track continues up the hill on the other side until reaching a small picnic area signposted as 'Browns Waterhole'.

5.25 | Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

5.25 | Browns Waterhole

(40 m 1 mins) Continue straight: From Browns Waterhole, at the picnic tables, this walk follows the concrete management trail away from the river, up the gentle hill until reaching the large green 'Terrys Creek Walking Track' sign.

5.29 | Int of Terry's Creek Walking Track and Brown's Wat

(2.9 km 55 mins) Turn right: From the intersection the track follows the Terrys creek walking track sign through the dense bush and along a metal walkway the winds along for a little while, joining back onto a bushtrack and following it up some wooden steps and all the way along to the signposted intersection of a bushtrack heading down across the creek.

Continue straight: From the intersection the track follows the bushtrack south through the bush winding up some steps and crossing underneath the M2 moter way and back down and around to the signposted intersection of the

Crimea road and Epping road tracks.

Turn right: From the intersection the tack follows the Epping road arrow down across the creek and up the other side to the signposted intersection of the Eastwood Station track at the number 18 plaque

Turn right: From the intersection the track follows the Eastwood Station arrow through the bush winding all the way along to a rock platform where you can see the M2 motorway and continues along the track, all the way through until it comes to the signposted intersection of the signposted intersection of the Eastwood Station track

Continue straight: From the intersection the track heads west through the bush winding down a gentle hill and around a sewage access point, coming back up the other side to the signposted intersection of the Eastwood Station track.

Turn left: From the intersection the track heads south, up the short hill and through the bush passing 2 sewage access points as it winds along the left hand side of the creek, all the way to the intersection of the Eastwood Station track, a short distance after passing the 3rd sewage access point.

Continue straight: From the intersection the track follows the bushtrack south alongside the creek, passing a sewage access point and continuing up a short hill to the intersection of the unnamed bushtrack.

Veer left: From the intersection the track heads south west along the bushtrack winding up and down along the left side of the creek until it crosses a small wooden bridge and continues through the bush, all the way to the intersection of the unnamed bushtrack.

Continue straight: From the intersection the track follows the Eastwood Station arrow along the creek and through the bush past signpost 15, and a sewage access point. continuing up a short hill to the intersection of the Epping road track.

Continue straight: From the intersection the track follows the bushtrack down the gentle hill, winding around and under the Epping road bridge and across the rocks until it comes to the intersection of the Pembroke road path and the Eastwood Station track at the base of the wooden steps.

Veer left: From the intersection the track heads up the steps to the top, at the intersection of the Rest area track.

Turn right: From the intersection the track follows the Eastwood Station sign south along the bushtrack winding past a sewage access point and the number 12 signpost, coming down and along the creek, all the way to the intersection of the Eastwood station tracks.

Continue straight: From the intersection the track heads south along the bushtrack climbing up a small hill and down across a thin wooden creek bridge, passing a sewage access point as the track continues along the creek for a short while until it turns up and away from the creek, winding up a rocky hill and along the side of the valley for a short while, coming back down towards the creek passing the number 11 signpost and crossing the creek again. From the creek crossing the track continues up and along the gentle hill winding through the bush until it comes to the signposted intersection of Eastwood station and Pembroke park tracks.

Turn right: From the intersection the track follows the Dence Park sign down across the creek (for safety reasons you should avoid the crossing after recent rainfall) and up the other side to the intersection of the Eastwood station and Dence Park tracks.

Turn left : From the intersection the track follows the Eastwood station arrow south through the bush winding along side the creek and through a thick patch of bamboo. Staying close to the creek, the track continues upstream until it comes to the unsignposted intersection of the Eastwood station and waterfall tracks.

Turn right: From the intersection the track follows the bushtrack heading up the hill through dense ferns and along the side of the valley for a short distance to the intersection of the waterfall loop track.

8.24 | Optional sidetrip to Terrys Creek Waterfall

(30 m 1 mins) Veer left: From the intersection the track follows the bushtrack

heading down towards the creek, winding around and down some rock steps to the intersection of the Terrys creek waterfall. At the end of this side trip, retrace your steps back to the main walk then Turn left.

8.24 | Terrys Creek Waterfall

This is a small waterfall on Terrys Creek, and makes a good spot to break from the walk.

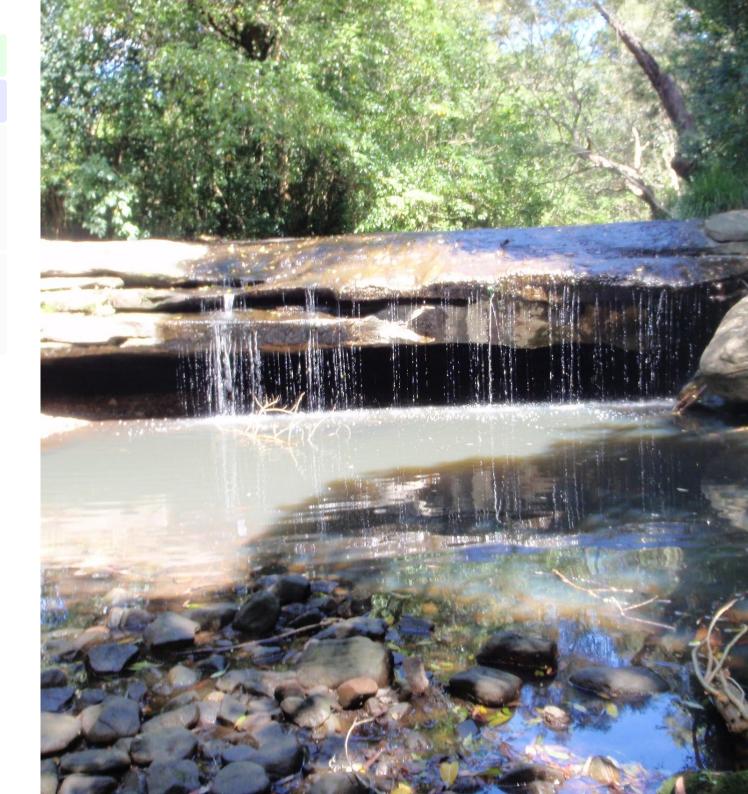
8.24 | Int of Eastwood station and waterfall loop tracks

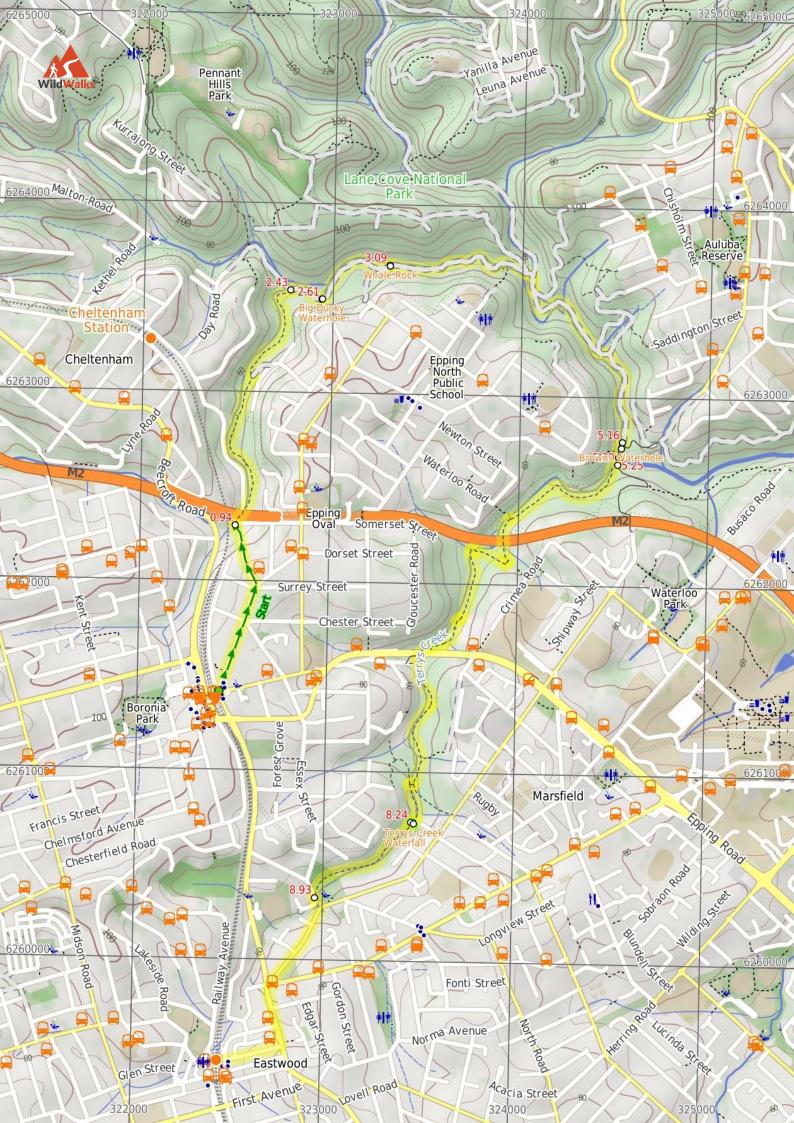
(690 m 13 mins) Veer right: From the intersection the track follows the bushtrack heading up a short rocky hill and through some grass trees, coming down the other side and around beside a short rock wall to the top of the Terrys creek waterfall.

Continue straight: From the top of the falls the track follows the creek up stream along the bushtrack winding through the fairly open bush for a while until it heads up some wooden steps onto a platform and continues along all the way through thicker bush, crossing the bridged Terrys creek and continuing all the way along to the back of Forrester park.

8.93 | Forrester Park

(1.3 km 23 mins) Veer left: From Forrester Park, this walk heads south-east along Davis Avenue for about 30m to the right-hand bend in the road. From here, the walk crosses Terry's Creek on a bridge and then turns right onto Vimiera Road. At the end of Vimiera Rd, the walk turns right onto Balaclava Rd, then immediately left onto Blaxland Road. The walk passes May St and Ethel Lane, and turns right into Ethel Street, following this road to the end where it comes to Eastwood Railway Station.





Summary navigation sheet for the Epping to Eastwood Station (via Lane Cove River)



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail) WildWalks
Start	Epping Station -33.7725,151.0824 (GR Parramatta River, 224614)	3 -33	940 m 18 mins	The walk exits Epping Station on the Oxford St side.
0.94	Int of Derby street service trail -33.7646,151.0834 (GR Parramatta River, 225623)	7 -21	1.5 km 25 mins	Veer right: From the intersection this walk follows the Great North Walk arrow up the couple of steps then down along the footpath through the tunnel under the M2 (keeping the creek and wider management trail to you
2.43	Int of Epping Trk and Malton Rd Trail -33.7534,151.0865 (GR Parramatta River, 228635)	3 -1	190 m 3 mins	Continue straight: From the intersection the track follows the Lane Cove River arrow along the servicetrail for a while before it loops around the top of Big Ducky Waterhole.
2.61	Big Ducky Waterhole -33.7539,151.0883 (GR Parramatta River, 229635)	6 -9	480 m 8 mins	Continue straight: From the top of Big Ducky Waterhole the continues through the valley keeping Devlins Creek below on the left of the track all the way to Whale Rock.
3.09	Whale Rock -33.7522,151.0922 (GR Parramatta River, 233637)	47 -66	2.1 km 40 mins	Continue straight: From Whale Rock the track follows the Penant Hills Park arrow along the service trail as it winds through the valley, crossing several small concrete creek crossings until it comes to the signpost
5.16	Browns Waterhole int -33.7607,151.1055 (GR Parramatta River, 245628)	5 -1	90 m 2 mins	Veer right: From the intersection, this walk crosses the the causeway of Browns Waterhole.
5.25	Browns Waterhole -33.7614,151.1053 (GR Parramatta River, 245627)	3 0	40 m 1 mins	Continue straight: From Browns Waterhole, at the picnic tables, this walk follows the concrete management trail away from the river, up the gentle hill until reaching the large green 'Terrys Creek Walking Track' sign.
5.29	Int of Terry's Creek Walking Track and Brown's Waterhole Servicetrail -33.7618,151.1052 (GR Parramatta River, 245626)	70 -51	2.9 km 55 mins	Turn right: From the intersection the track follows the Terrys creek walking track sign through the dense bush and along a metal walkway the winds along for a little while, joining back onto a bushtrack and followin
8.24	Int of Eastwood station and waterfall loop tracks -33.7788,151.0934 (GR Parramatta River, 235607)	0 -3	30 m 1 mins	Optional sidetrip to Terrys Creek Waterfall. Veer left: From the intersection the track follows the bushtrack heading down towards the creek, winding around and down some rock steps to the intersection of the Terrys creek waterfall.
8.24	Int of Eastwood station and waterfall loop tracks -33.7788,151.0934 (GR Parramatta River, 235607)	17 -15	690 m 13 mins	Veer right: From the intersection the track follows the bushtrack heading up a short rocky hill and through some grass trees, coming down the other side and around beside a short rock wall to the top of the Terrys c
8.93	Forrester Park -33.7824,151.0879 (GR Parramatta River, 230603)	28 -20	1.3 km 23 mins	Veer left: From Forrester Park, this walk heads south-east along Davis Avenue for about 30m to the right-hand bend in the road.